
INTERACTIVE QUESTIONS

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Discussion Question

- How long does it take most of your patients to recover from low back pain?


Discussion Question

- How many patients suffering from low back pain do you see during a typical week?

Discussion Question

- How do you think the prevalence of low back pain in your region differs from that in other regions?

Discussion Question

- How has low back pain affected the day-to-day life of some of your patients?
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Discussion Questions

- Do you use a screening tool for neuropathic pain in your practice?
 - If so, which tool and why?

Discussion Question

- What are some examples of questions you could ask for each of the letters in the PQIRST mnemonic?

Multiple Choice Question

- Which of the following is not a unidimensional assessment tool for pain?
 - A. Visual Analog Scale
 - B. Verbal Pain Intensity Scale
 - C. Faces Scale
 - D. 0–10 Numeric Pain Intensity Scale
 - E. Brief Pain Inventory

Discussion Questions

- In your practice, do you regularly assess risk for developing chronic pain?
 - If so, how?

Discussion Question

- What non-pharmacological approaches to managing low back pain do you incorporate into your practice?

Discussion Question

- What non-pharmacological modalities do your patients regularly ask about?
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Discussion Question

- What is your experience with rehabilitative and physical therapies to manage your patients' low back pain?

Discussion Question

- How do you evaluate gastrointestinal and cardiovascular risk in patients you are considering prescribing an nsNSAID or coxib?

Discussion Question

- What potential side effects do you discuss with patients for whom you are considering prescribing an opioid?

Discussion Question

- When do you refer patients with acute low back pain to a specialist?

Discussion Question

- How frequently do you follow-up with patients who present with acute low back pain?

Discussion Questions

- Is non-adherence to low back pain treatment an issue for your patients?
 - If so, how do you manage this in clinical practice?