
INTERACTIVE QUESTIONS

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Multiple Choice Question

- What is neuropathic pain?
 - A. Pain caused by a lesion or disease of the somatosensory nervous system
 - B. Pain due to a stimulus that does not normally provoke pain
 - C. Unpleasant sensory and emotional experience associated with actual or potential tissue damage, or described in terms of such damage
 - D. Sensory experience that occurs when specific sensory neurons respond to noxious stimuli

Discussion Question

- What are some patient cases of neuropathic pain that you have encountered in your practice?

Discussion Question

- How do central and peripheral neuropathic pain differ?

Discussion Question

- What types of nerve damage may lead to the development of neuropathic pain?


Multiple Choice Question

- What proportion of the general population suffers from neuropathic pain?
 - A. <1%
 - B. 1-2%
 - C. 5-20%
 - D. 20-30%


Discussion Question

- What proportion of your patients suffer from neuropathic pain?

Discussion Question

- What proportion of diabetic patients in your practice experience painful diabetic peripheral neuropathy?
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Discussion Question

- How do you think the prevalence of painful diabetic peripheral neuropathy in your region differs from that in other regions?
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Discussion Question

- Are you seeing more patients with herpes zoster and postherpetic neuropathy in your practice?
 - Why or why not?

Discussion Question

- How has neuropathic pain affected some of your patients?


Multiple Choice Question

- What is the most common comorbid symptom among patients with peripheral neuropathic pain?
 - A. Anxiety
 - B. Concentration difficulties
 - C. Depression
 - D. Difficulty sleeping

Discussion Question

- How has neuropathic pain affected some of your patients?
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Discussion Question

- What are some of your biggest challenges in diagnosing patients with neuropathic pain?
 - How do you overcome these challenges?
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Multiple Choice Question

- Which of the following are common descriptors of neuropathic pain?
 - A. “Aching”
 - B. “Burning”
 - C. “Electric shock”
 - D. “Itching”
 - E. “Numbness”
 - F. “Shooting”
 - G. “Tingling”
 - H. “Throbbing”

Discussion Question

- Do you use a screening tool for neuropathic pain in your practice?
 - If so, which tool and why?


Discussion Question

- What bedside tests do you typically use in your practice?
 - Why?


Discussion Question

- How do you manage expectations in patients with neuropathic pain?


Discussion Questions

- Do your patients frequently use or request non-pharmacological treatment modalities?
 - If so, which ones?
 - What do you tell your patients about these treatments?
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Discussion Question

- What non-pharmacological approaches to neuropathic pain management have you found helpful for your patients?
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Discussion Questions

- What do you think accounts for the differences between various guideline recommendations?
 - How does this affect your clinical practice?
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Discussion Question

- What treatment approach would you take with a patient suffering from mixed pain due to complex regional pain syndrome?

Discussion Question

- Is non-adherence to therapy an issue for your patients with neuropathic pain?
 - If so, how do you address this in your practice?
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