Discussion Question

• How long does it take most of your patients to recover from low back pain?
Discussion Question

• How many patients suffering from low back pain do you see during a typical week?
Discussion Question

• How do you think the prevalence of low back pain in your region differs from that in other regions?
Discussion Question

• How has low back pain affected the day-to-day life of some of your patients?
Discussion Questions

• Do you use a screening tool for neuropathic pain in your practice?
  – If so, which tool and why?
Discussion Question

• What are some examples of questions you could ask for each of the letters in the PQRST mnemonic?
Multiple Choice Question

• Which of the following is not a unidimensional assessment tool for pain?
  
  A. Visual Analog Scale
  B. Verbal Pain Intensity Scale
  C. Faces Scale
  D. 0–10 Numeric Pain Intensity Scale
  E. Brief Pain Inventory
Discussion Questions

• In your practice, do you regularly assess risk for developing chronic pain?
  – If so, how?
Discussion Question

• What non-pharmacological approaches to managing low back pain do you incorporate into your practice?
Discussion Question

• What non-pharmacological modalities do your patients regularly ask about?
Discussion Question

• What is your experience with rehabilitative and physical therapies to manage your patients’ low back pain?
Discussion Question

• How do you evaluate gastrointestinal and cardiovascular risk in patients you are considering prescribing an nsNSAID or coxib?
Discussion Question

• What potential side effects do you discuss with patients for whom you are considering prescribing an opioid?
Discussion Question

• When do you refer patients with acute low back pain to a specialist?
Discussion Question

• How frequently do you follow-up with patients who present with acute low back pain?
Discussion Questions

• Is non-adherence to low back pain treatment an issue for your patients?
  – If so, how do you manage this in clinical practice?