Management of Persistent Low Back Pain Flowchart

Persistent low back pain

Signs and symptoms of nerve root disease or spinal stenosis?

No

Re-evaluate symptoms and risk factors, review diagnosis and consider referral and/or imaging studies

Consider alternative therapy: interdisciplinary approach incorporating pharmacological and non-pharmacological elements

Review response

Yes

Consider referral and/or diagnostic MRI

Nerve root compromise or spinal stenosis?

No

Yes

Refer for specialist management